

SEA BATTLE

Achieve the challenge

The aim of the game is to throw accurately onto the other team's mat. Can you sink the other team's ship?



How to play

1. Get into two teams.
2. Place a mat in front of your team. The mats should be approximately five metres apart.
3. When both teams are ready, throw your torpedoes (beanbags) at the other team's mat.
4. Torpedoes only count if they stay on the mat.
5. Agree on the number of torpedoes needed to sink the ship.

Equipment

Essential

- Bean bags or other soft throwing items.
- Gym mats (you could also use cones/hoops to mark out areas).

Optional

- Hoops to create target areas to aim for.

Spirit of The Games



Teamwork:

How does it make you feel when your team mates listen to your ideas?



Respect:

Do you always listen to other players and teams?



Passion

Could you practise this game by yourself outside of school?



Play the video

Scan this QR code on your mobile device to watch how the game is played.

Safety

- Ensure throwing items are soft.
- Check beanbags aren't being thrown directly at other players.

Link it up

- This game helps you aim accurately which is useful in sports such as goalball, archery and golf.

Think tactics

- Is it better to take your time or try to throw quicker than the other team?

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Roles for leaders and officials

- Set up the game and check the distances between areas.
- Ensure all equipment is available on each court.
- If anyone looks unhappy, find out how you can make it better.
- Check throwers are behind the line.
- Check beanbags have landed on the target.
- Time the games.

Including Everyone

- If someone cannot see very well, give them a partner who can tell them how accurate their throw is and give them some hints, e.g. a little more to the left.

STEP in. Including all young people by changing the Space, Task, Equipment or People (STEP)

EASIER

- S** Decrease the distance between mats.
- T** Increase the size of the mats.
- E** Use throwing objects that don't roll away.
- P** Reduce number of defenders allowed.

HARDER

- S** Increase the distance between mats.
- T** Decrease the size of the mats.
- E** Use balls as torpedoes that are more likely to roll away.
- P** Reduce the size of teams.

Change it up

- Create more than one target for your teams to try to sink with each ship needing a different number of torpedoes to sink it.
- Add in a defender who can stop the other team's bean bags from landing on your ships.
- Add in players who retrieve thrown bean bags that have missed.
- There are lots of ways that this game could be played. Be creative and come up with your own versions!

SMILES DETECTIVE

It's important to make sure you can answer **YES** to the following questions.

SMILES checklist:

- Is the activity safe?
- Is everyone joining in?
- Can you change anything if they aren't?
- Is everyone learning new things?
- Is everyone smiling and enjoying the game?

If you can't answer **YES** to these questions, make sure you **STEP in**.

